

**Personal photo****CV****1. PERSONAL DETAILS:** (exampled format)

Full name:	Sakine Nazari
Address:	
E-mail:	S4.nazari@gmail.com nazaris@nkums.ac.ir
Tel:	
Birth date:	
Marriage status:	Married

**2. Education:** (exampled format)

Date	Place	Title	Average
	Mashhad	Bachelor's degree	
	Mashhad	Master's degree	
	Shahid beheshti university	PhD Student (reproductive health)	

**3. QUALIFICATIONS:** (exampled format)

Date	Title	Organizer and held place
Day/month/year	Participated in 2 <sup>th</sup> congress on improving the quality in clinical laboratory	Ministry of Health, Tehran

**4. WORK & TUTORIAL EXPERIENCES:** (exampled format)

Date	Title	Organizer and held place	Details, and additional data
	Adjunct Professor	mashhad School of Nursing and Midwifery	Part-time instructor for 5 months
	Adjunct Professor	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Part-time instructor for 8 months

	Human Resource Program Member of Faculty	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Full-time for 2 years and 6 months
	Contractual Member of Faculty	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Full-time for 4 years and 6 months
b) workshops			
	Neonatal Resuscitation	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates, 4 hours
	fundamentals of nursing	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	fundamentals of nursing teachers', 2 hours
	physiologic delivery workshop	North Khorasan university of medical sciences	Bentolhoda Hospital midwives, 10 hours
	physiologic delivery workshop	North Khorasan university of medical sciences	Midwifery undergraduates, 2 hours
	Health care providers empowerment	Esfarayen Vice-Chancellery for health	Esfarayen Health care providers
c) theoretical courses			
	Maternal and child health	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Maternal and newborn health	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	nursing undergraduates
	Geriatric nursing 2-gynecology	Bojnurd School of Nursing and Midwifery, North	nursing undergraduates

		Khorasan university of medical sciences	
	semiology	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Health education communication and health counseling	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Prenatal, maternal and child health	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Health management and quality improvement in maternal and child health	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Principles of community health services	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Physiopathology	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Research methodology	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Family planning	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Anesthesia and surgical technologies undergraduates
	fundamentals of nursing	Bojnurd School of Nursing and Midwifery, North	Midwifery undergraduates

		Khorasan university of medical sciences	
	Maternal and child health	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	General health undergraduates
	Internal and surgical diseases	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Physiopathology 2	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
d) practical courses			
	Fundamentals of midwifery and skills in delivery ward	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Semiology	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Preparation for birth and physiologic delivery	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Biostatistics (research methodology)	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
e) internships			
	semiology	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates

	Pregnancy and delivery 1, 2, 3 and senior year internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Healthy newborn	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Maternal and child health internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Senior year gynecology internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Internal and surgical disease internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Pregnancy and delivery 3 (prenatal clinic) internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Operation room internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Sonography internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates
	Puberty internship	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Midwifery undergraduates

## 5. PROJECTS:

Date	Title	Organizer and held place
	A Comparative Study of stressor factors, social support and postpartum psychological health in the Primiparous and Multiparous Mothers	Mashhad
	Comparing maternal and neonatal outcomes of normal vaginal delivery and vaginal delivery after cesarean in Bentolhoda hospital in Bojnurd	Bojnurd
	Designing a Smart Interpretive Software for non-stress test and comparing it to the skilled people's interpretations	Bojnurd
	Investigating the Effect of saffron on happiness of postmenopausal women	Bojnurd
	Investigating the Effect of preparation for birth classes on happiness, stress, anxiety prenatal and postpartum depression	Bojnurd

## 6. PUBLICATIONS:

### 6.1. Articles: (Vancouver reference style )

P Salari, Nazari S, Mazloom SR, Mahram B. Comparison Postpartum Stressors and Social Support Level in Primiparous and Multiparous Women. <i>Journal of Midwifery and Reproductive Health</i> , 2014 Winter; 2(1): 72-76
Nazari S, Salari P, Mazloom SR, Ghorbani M, Bagheri M. A Comparative Study of Postpartum Stress and Stressors Factors Related to Appearance, Behavior and Care of Neonate in the Primiparous and Multiparous Mothers in the First and Second Months after Delivery. <i>Community Health Journal</i> , 2014, 8(2): 1-9
Nazari S, Salari P. A Comparative Study of Postpartum Stress and Stressors Factors Related to Appearance, Behavior and Care of Neonate in the Primiparous and Multiparous Mothers in the First and Second Months after Delivery. <i>The Journal of Urmia Nursing and Midwifery Faculty</i> ; 2016; 14(3): 213-223
Nazari S, Hatami E, TabatabaeiChehr M, Bagheri M, Ghorbani, M. Diagnostic Value of Non-stress Test Interpreted by Smart Interpretive Software. <i>Journal of Midwifery and Reproductive Health</i> , 2018; 6(3): 1384-1389
Nazari S, Salari P, Mazloom SR, Ghorbani M, Bagheri M. A Comparative Study of Postpartum Stress and Stressors Factors Related to Appearance, Behavior and Care of Neonate in the Primiparous and Multiparous Mothers in the First and Second Months after Delivery. <i>Iranian Journal of Pediatric Nursing</i> . 2017 Winter; 4(2): 17-24

Nazari S, TabatabaeiChehr M, Bagheri M, Sharif Nia H. Prevalence and some maternal and neonatal outcomes of vaginal delivery after cesarean and Repeat Cesarean in a hospital repeated Bentolhoda Bojnurd. JNKUMS. 2016; 8(1): 167-177
Nazari S, Keshavarz Z, Afrakhte M, Riazi H. Barriers to Cervical Cancer Screening in HIV Positive women: A Systematic Review of Recent Studies in the World. IRJE. 2019; 15(1): 87-94
Ghorbani M, Tabatabaeichehr M, Bagheri M, Salary E, Nazari S. Effect of saffron on happiness of postmenopausal women: a clinical randomized trial. IJOGI. 2019; 22(4): 11-17
Ghorbani M, Tabatabaeichehr M, Bagheri M, Salary E, Nazari S. Effect of oral saffron on sexual function of postmenopausal women: a clinical trial study. IJOGI. 2019; <b>accepted</b>
Tabatabaeichehr M, Eftekharian M, Sharifian E, Nazari S, Ghorbani M, Bagheri M. The effects of acupressure, LV3 point on fetal heart rate pattern, during fetal non stress test: A randomized clinical trial. IJOGI. 2018 Nov;22(8):35-43

### 6.2. Oral Presentations: (exampled format)

<b>Nazari, Sakine, (2012/10), Eating Disorders in Male and Female Adolescents: A Psycho-Physical-Biological Disorder, 5<sup>th</sup> International Congress of Child And Adolescent Psychiatry, Razi International Conference Center, Iran</b>
<b>Nazari, Sakine, (??), Comparative Study of Psychological Health And Postpartum Stress In Primiparous And Multiparous Mothers Referring To Mashhad Health Centers, ??, Iran</b>
<b>Nazari, Sakine, (??), Assessment Of Spouse's, Parents' And Friends' Support In First And Second Month After Delivery In Primiparous Mothers Referred To Mashhad Health Centers, ??, Iran</b>

### 6.3. Poster Presentations:

<b>Nazari, Sakine, (2011), Comparison of the neonatal stress of primiparous and multiparous mothers, national congress of neonatal health promotion, Iran</b>
<b>Nazari, Sakine, (2011), Investigating the Relationship between Parental Characteristics and Maternal Perceived Stress from Infant, national congress of neonatal health promotion, Iran</b>
<b>Nazari, Sakine, (2011), Factors affecting choice of vasectomy as a contraceptive method, The First International Congress on Midwifery and Reproductive Health, Iran</b>
<b>Nazari, Sakine, (), A comparative study in the primiparous stress of neonate care Multiparous in the first month postpartum, 5<sup>th</sup> International Congress of Child And Adolescent Psychiatry, Razi International Conference Center, Iran</b>
<b>Nazari, Sakine, (), Comparative Study of Postpartum Stress, Anxiety, Depression and Social Support in Primiparous and Multiparous Mothers Referred to Mashhad Health Centers, 3<sup>rd</sup> Research Festival of Graduate Students, Bu Ali Research Institute, Mashhad, Iran</b>

<b>Nazari, Sakine, ()</b> , Postpartum stressor factors in multiparous mothers referring to Mashhad health centers, 3 <sup>rd</sup> Research Festival of Graduate Students, Bu Ali Research Institute, Mashhad, Iran
<b>Nazari, Sakine, ()</b> , The role of mothers' social support in the postpartum period: A review article, 1 <sup>st</sup> National Conference Of Reproductive health and Infertility, Isfahan Najaf Abad, Iran
<b>Nazari, Sakine, ()</b> , Comparison of postpartum depression in host and biological mothers, 1 <sup>st</sup> National Conference Of Reproductive health and Infertility, Isfahan Najaf Abad, Iran
<b>Nazari, Sakine, ()</b> , Comparison of postpartum stress and stressor factors in primiparous and multiparous mothers: a review article, 8 <sup>th</sup> national congress on family health, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Pre-conceptional care and thyroid and cardiovascular disease: contraceptive methods and recommendations, 1 <sup>st</sup> international congress on neonatology and perinatology, Mashhad, Iran
<b>Nazari, Sakine, ()</b> , Comparative Study of psychological Health and Postpartum Stress in Primiparous and Multiparous Mothers Referred to Mashhad Health Centers, 10 <sup>th</sup> international congress of obstetrics and gynecology, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Husband Involvement in women's reproductive health, 1 <sup>st</sup> National Conference Of Reproductive health and Infertility, Isfahan Najaf Abad, Iran
<b>Nazari, Sakine, ()</b> , Mothers' Body Image and Choice Infant Feeding, International congress of neonatal and childhood Nutrition, Growth Development, Mashhad, Iran
<b>Nazari, Sakine, (14/5/21)</b> , Utilization of Problem Solving, A Strategic Approach to Empowering the Midwifery Students in Internal-Surgical Internship, National Conference of Learning and Teaching Methods in University and Seminary, North Khorasan University of Medicine, Iran
<b>Nazari, Sakine, ()</b> , Comparative Study of Maternal and Neonatal Outcomes in Bentolhoda Hospital in Bojnurd Before and After Implementation of Clinical Midwifery Faculty Project, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran
<b>Nazari, Sakine, ()</b> , A Summary of Implementation of Clinical Midwifery Faculty Project in Bentolhoda Hospital of North Khorasan University of Medical Sciences, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Using outstanding senior undergraduates as Clinical Midwifery Faculty members' assistants, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Challenges of Clinical Midwifery Faculty Revival Project from the Viewpoint of Midwifery Faculty Members National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran
<b>Nazari, Sakine, ()</b> , The Relationship of Life style and personality characteristics with vasomotor symptom in postmenopausal women, ICRHC2016, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Status of fathers' involvement in caring for infants and its related factors, ICRHC2016, Tehran, Iran



<b>Nazari, Sakine, ()</b> , Utilization of Developmental Evaluation, A Strategic Approach to Empowering the Midwifery Students in Gynecology Internship, National Conference of Learning and Teaching Methods in University and Seminary, North Khorasan University of Medical sciences, Iran
<b>Nazari, Sakine, ()</b> , Evaluation of Clinical education from the viewpoints of midwifery students in North Khorasan University of Medical sciences, 2 <sup>nd</sup> National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran
<b>Nazari, Sakine, ()</b> , Comparative study of stress, anxiety and postpartum depression level in the Primiparous and Multiparous Mothers referring to Mashhad health centers, 4 <sup>th</sup> national seminar of nurse, midwife and research, Gorgan, Iran
<b>Nazari, Sakine, (14/5/21)</b> , Utilization of Problem Solving, A Strategic Approach to Empowering the Midwifery Students in Internal-Surgical Internship, National Conference of Learning and Teaching Methods in University and Seminary, North Khorasan University of Medicine, Iran

#### 6.4. Awards

Title	Exhibition	award	Year

#### 7. ADDITIONAL INFORMATION

Book Title	Authors	Year	Publication
Birth Trauma	Nazari S, Boskabadi H	2015	Dor Ghalam
Herbal Medicine in Midwifery	Nazari S, Bagheri M, Ghorbani M, Supervised by Geliantehrani S	2016	Dor Ghalam